

I arrived to Giggleswick late at Saturday evening on the 25th of July. The others were just about to have short presentations about themselves and where they came from. I don't like speaking in front of a lot of people, but it felt good afterwards to have done it.

The next day we were divided into groups. My group first had a drama class which focused a lot on different moods and emotions. Later that day, we had workshops about Human Rights and Gender Equality.

On Monday I first had two workshops. The first one was about National Stuttering Associations and at the second one, the leaders told us about how the stuttering has influenced their lives. In the afternoon, we got to learn how to handle a diablo and "devil sticks".

In the evening, a speech therapist who is a stutterer himself, came and spoke briefly about his work.

On Tuesday we visited some caves at a guided tour. That was really exciting! In the afternoon we had the opportunity to use the swimming pool that belonged to the boarding school we were staying at. I felt that the schedule was quite intense anyway, so I had a long nap instead! That evening, we watched a short movie, produced by a man who also stutters. It's called "To speak" and portrays the difficulties we stutterers have to face very well.

The next day we were mostly working in groups where we should (pretend to) apply for fundings to a "stuttering project". My group had tv-commercials about stuttering as our project.

On Thursday we were working on a drama performance which we were to show the other groups later that evening. The performance should include stuttering situations. We had a barbeque at 7 PM and then it was time for the performances that resulted in many laughs! Stutterers often think jokes about stuttering are okay in situations like this when everyone has the same problem.

It became a night of partying and goodbyes and the morning after, we started our travel back to our respective countries!